**Volunteer Perinatal Peer Mentor**

CPSL Mind is a vibrant, values-led charity that supports local people in their recovery from mental health issues, promotes wellbeing and campaigns against stigma and discrimination.

We are an equal opportunities organisation and welcome applications from all sections of the community. Please see restriction below.



**Volunteer Perinatal Peer Mentor**

 Across Cambridgeshire – Fenland, Peterborough and Huntingdon area.

Providing wellbeing support on both a 1:1 basis and within groups by using your own lived experience of mental health challenges.

Providing up to 3 hours support week.

All applicants will attend an informal interview and required to commit to 6 x 3-hour online training sessions will be required in addition to mandatory online training.

\*All dates and information can be found on the role specification\*.

Please visit our website: [www.cpslmind.org.uk](http://www.cpslmind.org.uk) for information on roles or follow link: [Volunteer (cpslmind.org.uk)](https://www.cpslmind.org.uk/get-involved/volunteer/) to complete a CPSL Mind Application Form, then attach your completed Equality & Diversity Monitoring Form (we do not except CV’s) and send to volunteering@cpslmind.org.uk

**If you require further information or support, please contact: volunteering@cpslmind.org.uk**

We ask all volunteers to apply if they can commit to at least 6 months.

Please note reasonable travel expenses will be reimbursed; we encourage volunteers to support within their local community.



***Important Information:*** *This post requires female applicants and is therefore exempt under schedule 9, part 1 of the Equality Act 2010*

Charity number: 265087 Company number: 1082980